

# BED-BASED CARE FOR PEOPLE IN MENTAL HEALTH CRISIS IN SOUTHEND

## *PEOPLE SCRUTINY COMMITTEE 31 JAN 2023*

This report is prepared in response to the data request received by Essex Partnership University NHS Foundation Trust from the Southend People Scrutiny Committee on 20 December 2022. This report supplements the presentation that will be presented to the Committee on 31 January 2023.

### **1. Capacity**

Questions from the Committee:

- a) How many beds are available for Southend residents experiencing a mental health crisis, by week, by adults and by children? Please include details about any sub-speciality beds (Mother and Baby, Eating Disorders etc.)
- b) Where are these beds?
- c) What is the budget for bed-based care by quarter, by adults, by children, by sub-speciality?

#### Adult inpatient beds

EPUT provides adult inpatient mental health services across Southend, Essex and Thurrock. Whilst our beds are not reserved to residents from any one geographic area, we will always try to admit a patient to a bed as close as possible to their home. We have therefore provided an overview of bed capacity which is located in South Essex, Thurrock and Southend as at mid-January 2023. Our total bed capacity across the whole of Essex at that time was 398 beds. Operating a bed base across Southend, Essex and Thurrock creates flexibility to meet need in a timely way. Like other NHS trusts, our bed capacity can fluctuate frequently depending on planned service changes, estates work, single sex ward protocols, ward reconfigurations, Infection and Prevention Control measures and staffing availability. Due to the way internal data is held, it is not immediately possible to present data on bed availability by week, or including specialist units.

#### **South Adult Wards**

Location	Ward	Bed Base
Rochford	Cedar	20
Basildon	Grangewaters (Assessment Unit)	15

Basildon	Hadleigh	15
Basildon	Kelvedon	16
Basildon	Cherrydown	16
Rochford	Willow	18

### **South Older Adults**

<b>Location</b>	<b>Ward</b>	<b>Bed Base</b>
Rochford	Beech	24
Thurrock	Gloucester	22
Thurrock	Meadowview	20

### Budget for adult inpatient services

Mid and South Essex Integrated Care Board (MSE ICB) and EPUT agree annual contracts for adult inpatient services for residents of Mid and South Essex. Prior to the formation of MSE ICB in July 2022, Southend CCG agreed contracts with EPUT for adult inpatient services for Southend residents.

The table below shows the contract values agreed by Southend CCG and EPUT in 2020/21 and 2021/22. It also shows an estimated share of the MSE ICB contract for 2022/23 that is attributable to Southend based on prior years' contract values.

### **Southend Mental Health In-Patient Bed Costs - EPUT Services only**

	<b>£000</b>		
<b>Adult Inpatients</b>	<b><u>2020-21</u></b>	<b><u>2021-22</u></b>	<b><u>2022-23</u></b>
Adult Inpatients	3,754	3,947	4,109
PICU	903	950	989
OP Organic Assessment Wards	1,168	1,228	1,278
OP Assessment	889	935	973
Functional OP Treatment	472	496	516
<b>TOTAL</b>	<b><u>7,186</u></b>	<b><u>7,556</u></b>	<b><u>7,866</u></b>

Notes: Psychiatric Intensive Care Unit (PICU); Older People (OP)

Source: MSE ICB

### Children and Young People

Inpatient mental health services for Children and Young People are commissioned by NHS England on a regional basis via the East of England Provider Collaborative. This means it is not possible to provide a contract value for children and young people's inpatient mental health services for Southend.

The main provider of children and young people's community mental health services for Southend is North East London NHS Foundation Trust.

### Mother and baby units

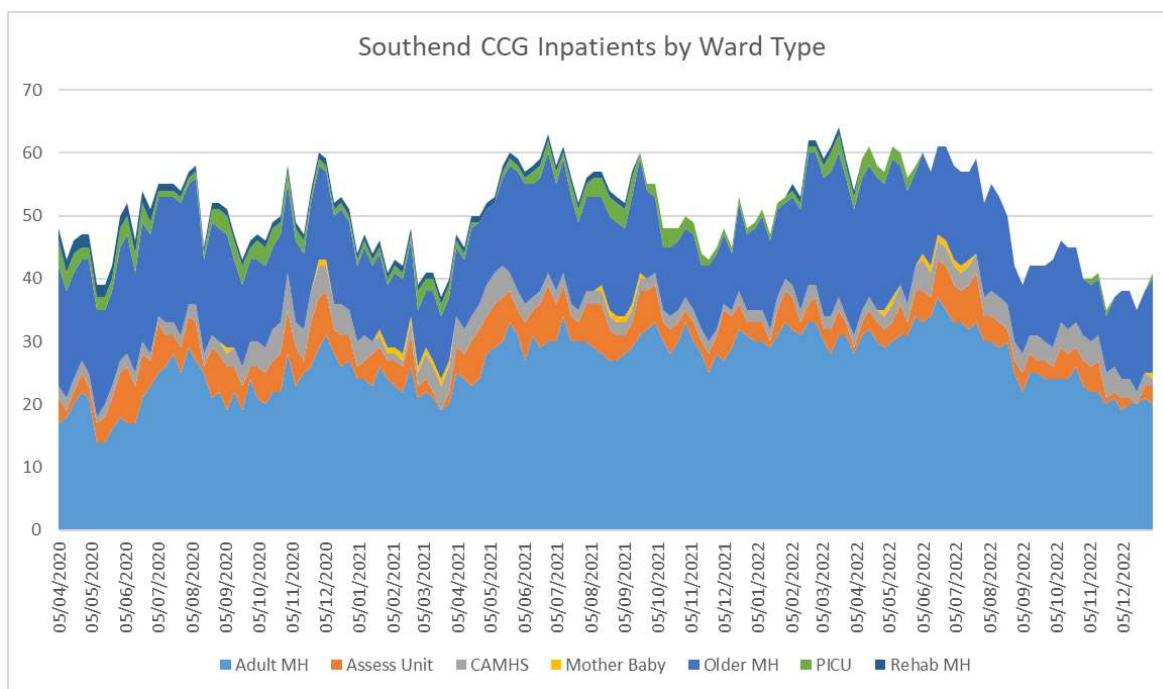
The 6 bedded Rainbow Unit is commissioned by NHS England on a regional basis via the East of England Provider Collaborative. This means it is not possible to provide a contract value for this service.

## 2. Activity

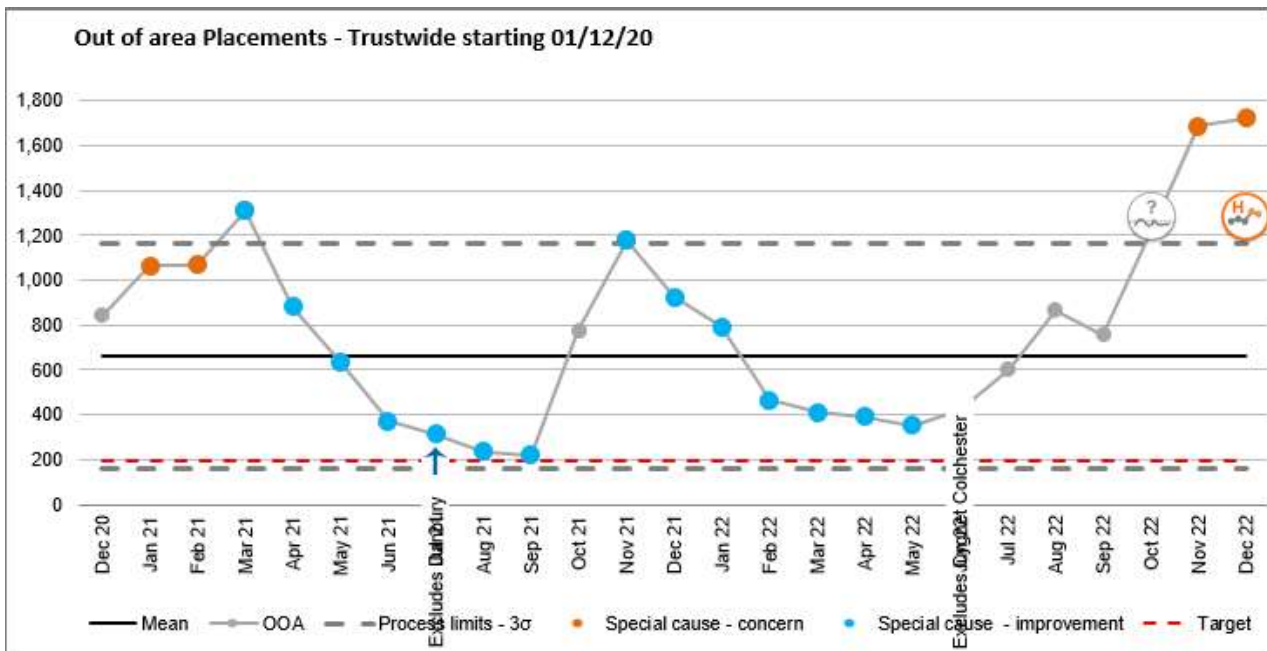
Questions from the Committee:

- d) How many Southend residents were in bed-based care by week, by age, by location (specifically by distance from Southend)?
- e) How many people required a bed, either because they were in mainstream physical hospital, in police station, in a s137 suite, or because they had assessed as needing sectioning but no bed was available, by week, by age?
- f) What was the spend on Southend residents for EPUT based bed-based care, by quarter?
- g) What was the spend on Southend residents for other bed-based care, by quarter, by provider?

The chart below illustrates the numbers of patients registered with a Southend GP and being cared for on EPUT’s inpatient mental health wards since April 2020 each week. This is segmented into age groups for Children & Young People (<18), working age adults (19-64) and older adults (>65) and includes specialist units.



EPUT aims to keep the number of Out of Area (OOA) placements to a minimum and is working to continually reduce that number in collaboration with local partners on an OOA system recovery plan and internal optimisation of capacity and flow. Reducing OOA Placements form part of EPUT’s “10 ways to improve safety” initiative. EPUT is also participating in the national Getting it Right First Time Programme. The trend in OOA Placements is illustrated in the chart below.



The surge in demand seen in the last months of 2022 is not EPUT specific and is also being experienced by Regional colleagues. There is still a high demand for inpatient admissions and a Whole Essex System Flow and Capacity group has been established to review current and future bed modelling.

The spend on Southend residents for bed-based care delivered by EPUT is set out in the contract value tables in section 1 above where the same caveats apply.

### 3. Quality

Questions from the Committee:

- h) What was the quality of provision (by CQC / OFSTED categories) by number of people, by age, by week?
- i) How many safeguarding referrals were raised relating to Southend residents relating to bed-based care, by quarter, by age, by issue?
- j) How many contract concerns relating to quality have been raised over the last two years, by category?

#### CQC ratings

EPUT's current Care Quality Commission (CQC) ratings are summarised in the table below. EPUT's services are currently being inspected by CQC. When the inspection process has conclude CQC will announce any changes to its ratings. CQC ratings apply to entire service areas, not to specific wards or patients so it is not possible to provide ratings at that level of granularity. CQC's previous inspections and reports including previous ratings are on its website.

Core service	Last inspection	Current rating
Child & Adolescent mental health wards	29/7/22	Requires Improvement

Wards for people with a learning disability or autism	26/7/18	Good
Forensic inpatient or secure wards	26/7/18	Good
Long stay or rehabilitation mental health wards for working age adults	9/10/19	Good
Wards for older adults with mental health problems	9/10/19	Requires Improvement
Acute wards for adults of working age and psychiatric intensive care units		Rating suspended

## Safeguarding

Due to the sensitive nature of safeguarding referrals it is not possible to provide data by age and theme because this could be potentially identifiable. The table below provides total referrals per quarter. Numbers equal to or less than five are not reported.

	20/21 Q1	20/21 Q2	20/21 Q3	20/21 Q4	21/22 Q1	21/22 Q2	21/22 Q3	21/22 Q4	22/23 Q1	22/23 Q2	22/23 Q3
Total safeguarding referrals relating to Southend registered patients aged 18+	*	9	6	*	11	7	6	11	11	10	6

There has been a total of six safeguarding referrals for children cared for in EPUT's Child and Adolescent Mental Health units in the last three years.

## Contract concerns

MSE ICB has put in place a collaborative approach to system oversight and assurance for all services provided locally EPUT and ICB quality leads work together to identify and address any areas for improvement. Since April 2020, EPUT has not received any Contract Performance Notices in relation to its adult inpatient services or its children and young people's services from MSE ICB.

## **4. Overarching questions**

Questions from the Committee:

- k) Please provide a brief summary of the current offer in terms of bed-based care for people in mental health crisis in Southend. This should cover adult and children's services.
- l) Are there any recent changes to services that you think scrutiny should be aware of.
- m) What is the current performance of bed based care for people in mental health crisis who live in Southend?
- n) What are the current quality issues in bed based care for people in mental health crisis who live in Southend?
- o) What are the problems that the ICS is addressing as a priority from a commissioning point of view?
- p) What are the problems that EPUT is addressing as a priority from a provider point of view?

EPUT's Urgent Care and Inpatient Care Unit provides urgent and emergency and inpatient mental health services across Essex, Southend and Thurrock. The trust provides adult (18+) and older adult (70+) inpatient services from 23 wards across Chelmsford, Colchester, Rochford, Harlow, Clacton, Basildon, Thurrock and Epping. There is also a trust-wide rehabilitation unit and two nursing homes. Urgent care services include mental health liaison teams based within the five acute hospitals in Essex, crisis response services and home-treatment teams.

EPUT provides inpatient Children & Adolescent Mental Health services as part of the East of England Provider Collaborative. We provide inpatient perinatal services at Rainbow unit, a 6 bedded ward in Chelmsford.

A comprehensive overview of EPUT's quality and performance metrics are available in public Board papers on the trust website. The latest data was presented to the Board in November 2022 and is available [here](#).

The MSE Integrated Care Strategy (ICS), which is due for final ratification by the Integrated Care Partnership – of which Southend City Council is a key partner - in March, sets out the shared approach between NHS, Local Authority and wider partners to delivery of all health and care for the next 10 years. The ICS was developed through extensive and repeated engagement with local communities and stakeholder partners. The plans for delivery of key mental health transformations in the next five years will be further described in the ICB's Joint Forward Plan (JFP) which will be published in June. The JFP is a five-year plan for the ICB and its NHS partners that describes how the NHS will respond to the ICP strategy, Health & Wellbeing Board strategies and national requirements. The JFP will be approved by the ICB and provider boards. Southend Council is a partner member of the ICB and we will be discussing the JFP with the Health and Wellbeing Board.